

## Masco Football 2025 Preseason Schedule

Date	Event	Levels	Time	Location	Shirt Color
Fri, Aug 15	Practice 1	All	8am-12pm	MRHS	Black
Sat, Aug 16	Practice 2	All	8am-12pm	MRHS	Black
Sun, Aug 17	OFF				
Mon, Aug 18	Practice 3	All	8am-12pm	MRHS	Black
Tue, Aug 19	Practice 4	All	8am-12pm	MRHS	Black
Wed, Aug 20	Practice 5	All	8am-12pm	MRHS	Black
Thu, Aug 21	Practice 6 & 7	All	6: 8am-11am, 7: 4pm-5:30pm	MRHS	Black
Fri, Aug 22	Practice 8 & 9	All	8: 8am-11am, 9: 4pm-5:30pm	MRHS	Black
Sat, Aug 23	Scrimmage @ Malden Catholic	All	10am-12pm	Malden Catholic	Black
Sun, Aug 24	OFF				
Mon, Aug 25	Practice 10 <a href="#">Teachers Report</a>	All	4pm-6:30pm	MRHS	Black
8/26/2025 - 9th Grade Orientation	Practice 11: Joint @ Melrose HS	All	4pm-6pm	Melrose	Black
Tue, Aug 26	Practice 12	All	4pm-6:30pm	MRHS	Black
Wed, Aug 27	Practice 13 - <a href="#">1st Day of School (12pm dismissal)</a>	All	4pm-6:30pm	MRHS	Black
Thu, Aug 28	Scrimmage vs. Bedford HS	Varsity	4pm-6pm	MRHS	Black
Fri, Aug 29	Practice 14	All	8am-10:30am	MRHS	Black
Sat, Aug 30	OFF				
Sun, Aug 31	Practice 15	All	4pm-6:30pm	MRHS	Black
Mon, Sep 1	Practice 16	All	4pm-6:30pm	MRHS	Black
Tue, Sep 2	Practice 17	All	4pm-6:30pm	MRHS	Black
Wed, Sep 3					

**\*\* Have you submitted your registration and UPDATED PHYSICAL? \*\***

Students will not be permitted to begin their try-out until their registration and physical paperwork has been processed.

Please keep a copy for your records. Physicals expire **13 months after the appointment.**

**NO EXCEPTIONS.**

No team may have more than thirteen (13) single practice sessions (i.e., "double sessions" count as two single practice sessions) through and including the Friday before Labor Day

Double practice sessions are not permitted on the first three days of fall practice.

Football teams must precede their initial "full contact" practice with an additional five days of single conditioning and "limited contact" sessions. These practices can begin on the third Friday prior to Labor Day (August 16, 2024) and practice is not permitted on Sundays prior to Labor Day (August 18, August 25, and September 1, 2024). Also see Rule 35.4.